| Theme | Description | Learning Outcome |
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| Personal Development | This theme addressed the development of students’ confidence, independence, interpersonal skills, and resilience in a variety of personal and professional situations and contexts. | LO1  Identify their own strengths and develop areas for growth |
| Intercultural understanding | This theme emphasizes the importance of cultural identity, diversity, and engagement in a range of personal, and professional situations and contexts. | LO2  Demonstrate the ability to apply thinking processes to personal and professional situations |
| Effective Communication | This theme explores a variety of skills and literacies to broaden students’ capabilities as communicators in personal and professional situations and contests. | LO3  Recognize and be able to articulate the value of cultural understanding and appreciation for diversity |
| Thinking Processes | This theme provides the opportunity for students to explore and apply a variety of thinking processes to a range of personal and professional situations and contexts. | LO4  Demonstrate the skills and recognize the benefits of communicating effectively and working collaboratively |
| Applied Ethics | This theme extends students’ understanding of the use of ethics within a range of personal and professional situations and contexts. | LO5  Recognize and consider the ethics of choices and actions |

| Theme/Topic | Activity |
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| Personal development/self awareness | Self appraisal  Emotional intelligence  Reflection |
| 1. What defines personal identity? | Create a collage of ten or more images depicting human individuality. Present your collage to the group sharing why those pictures were selected.  OR  Create a collage of pictures in a creative shape that defines who YOU are in terms of depicting your individuality. Present your collage to the group sharing why those pictures were selected. |
| 1. How does understanding one’s self help in understanding others? | Request a sample of a personality test used by a local employer and invite a person from the company to explain the test and its use. |
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| Personal development/self management | Effective organization  Numeracy and finance  Managing change |
| Personal development/relationship management | Collaboration  Conflict strategies  Leadership |
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